



# BUSHWALKING WITH GEG



1. We walk in National Parks, Nature Reserves, State Conservation Areas, State Forests and on private properties by permission.
2. Bushwalks are generally all-day events taken on the third Sunday of the month, involving 5 – 10 kilometres of walking. Walking time will depend on a range of factors including the Grade and the weather encountered.
3. Walkers must be members of GEG, reasonably fit and able to walk on uneven ground without any discomfort.
4. Our walks are mostly over walking trails or bush tracks and Graded as either:  
**Easy** - Walking on man-made and well-maintained tracks/trails, mostly flat with clear signage. As found in popular sections of National Parks, National Parks, Nature Reserves and State Forests;  
**Medium** – Walking is on distinct tracks/trails with steep sections and rough terrain. As found on private property and less frequented areas of National Parks, Nature Reserves and State Forests; or  
**Hard** if they involve walking off tracks or trails (scrub bashing), steep sections, rock scrambling, creek crossing. Or it could be if longer than normal distances are involved – i.e., over 10 kilometres.
5. Travel times to or from walks can be up to 2 hours each way from Gloucester. Normally, a 2WD vehicle will suffice. Carpooling is encouraged except when health restrictions apply. A \$5 contribution (or higher if the journey to and from the walk exceeds an hour) to the driver is recommended.
6. At a minimum, walkers will need to be able to carry their own daypack containing the following essential items - food for lunch and morning and afternoon snacks; 1-2 litres of water; broad brimmed hat; sunblock; insect repellent; personal medication. Other items may be recommended by the leader.
7. GEG bushwalks are led by a GEG member or members who have done a reconnaissance of the walk. The leader will provide their name, mobile no., email address, walk description (location of start and finish, grading (as per 4. above), distance); rendezvous place and times; and any other information considered relevant e.g. is 4WD transport preferred; travel route and times; mapping references, websites etc
8. The leader will carry a first aid kit, snake bite kit and space blanket. A Personal Locator Beacon (PLB) is carried by the leader but will only be activated when there is a life-threatening emergency and the group is out of mobile phone coverage.
9. **Walkers shall provide** the leader with the following information (via email) before the walk - *Walker's name, contact number (preferably mobile); your vehicle registration (if being used for carpooling); emergency contact name, relationship and their phone number (preferably mobile); and acknowledgement that the walker has read this Guide.*
10. **NOTE:** Those taking part in a GEG bushwalk are warned by GEG that bushwalking is a recreational activity as defined by the *Civil Liability Act 2002* with several risks that can result in personal injury or property damage. Those taking part in a GEG bushwalk acknowledge that they are fully aware of the risks involved in bushwalking and that they **accept responsibility for their own safety.**